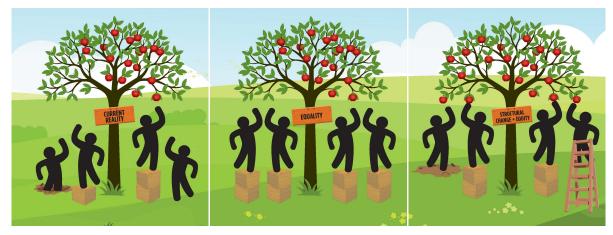


Key Dimensions of Equity-Oriented Health Care

10 Strategies to Guide Organizations in Enhancing Capacity for Equity-Oriented Health Care

Equity-oriented health care (EOHC) is about directing adequate resources to people who are experiencing health and social inequities. It does not mean treating everyone equally, because people need different things.



EQUIP's approach to Equity-Oriented Health Care incorporates the

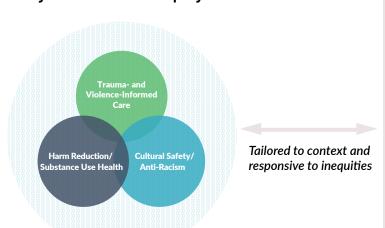
3 Key Dimensions:

- 1. Trauma- and Violence-Informed Care
- 2. Cultural Safety/Anti-Racism
- 3. Harm Reduction/Substance Use Health

These 3 Key Dimensions are interconnected, responsive to inequities, and tailored to each particular context. **Ten Strategies** flow from these key dimensions to guide organizations in how to enhance their capacity for providing equity-oriented services.

As shown in the Figure below, EQUIP's key dimensions and tailored strategies aim to reduce the effects of structural inequities; the impacts of racism, discrimination and stigma; and the disparities between conventional care approaches and people's needs.

Key Dimensions of Equity-Oriented Health Care



Modified from: Browne, A. J., Varcoe, C., Ford-Gilboe, M., Wathen, C. N., Smye, V., Jackson, B. E., . . . Blanchet Garneau, A. (2018). Disruption as opportunity: Impacts of an organizational health equity intervention in primary care clinics. International Journal for Equity in Health, 17(1), 154. doi:10.1186/s12939-018-0820-2

10 Strategies to Guide Organizations in Enhancing Capacity For Equity-Oriented Services

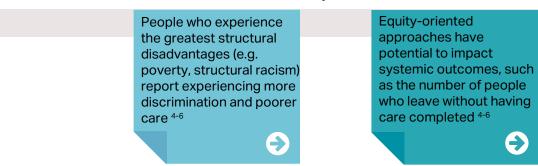
- · Explicitly commit to equity
- Develop supportive organizational structures, policies, and processes
- · Re-vision the use of time
- · Attend to power differentials
- Tailor care, programs and services to local contexts
- · Actively counter racism and discrimination
- Actively seek input from community partners and people with living and lived experience
- Tailor care to address inter-related forms of violence
- Enhance access to the social determinants of health
- Optimize use of place and space

Why is Equity-Oriented Heath Care Important?

Evidence from the EQUIP PHC Study:

Patients experiencing Increased levels of Over time, as confidence equity-oriented care comfort and confidence increased, patients' selfshowed higher levels of reported quality of life predicted increased comfort and confidence improved, and symptoms confidence to manage about the care they their health issues 1-3 of chronic pain. received 1-3 depression and PTSD decreased 1-3

Evidence from the EQUIP EMERGENCY Study:



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Learn more about how to implement equity-oriented health care by using the strategies and tools in the **EQUIP Equity Action Kit**

Substance use health parallels physical and mental health and encompasses harm reduction in promoting health for all regardless of their substance use. To learn more, see the Community Addictions Peer Support Association's "Understanding Substance Use Health" and the "EQUIP Equity Essentials".

